

NE Region Report

February 2014

CHNS & CNPS

Laura Cook

- Marion HS- Presented videos from the Abstinence program that discussed the dangers of mixing alcohol and sex. Allowed students to ask questions and discuss what they learned. Educated students about STDs and HIV and how to protect their selves. Also included education using the Reality Works dolls on Fetal Alcohol Syndrome, drug exposure to a fetus and shaken baby syndrome. Included information on what tobacco use does to an unborn baby. Evaluated presentation using a question and answer pretest and posttest. Knowledge gained on posttest. Presentation provided to 5 classes.
- Blytheville Middle School- Presented information to students about HIV, STD's, pregnancy prevention and alcohol prevention. Educated on the availability and confidentiality of testing at their Local Health Unit as well as other services offered. Included education on making healthy choices and consequences of actions; included tobacco prevention. Educated on Shaken Baby Syndrome, drug and tobacco exposure to infant in the womb and the effects of drinking alcohol while pregnant. Presented to 18 classes during the month of Feb.
- Partnered with ACH, Dr. Patricia Scott, Paula Smith and Cassie Lewis with Pediatric Skills Update/Workshop at Crowley's Ridge Coop for School Nurses
- Attended and recorded minutes for Poinsett Co Partners in Health coalition.
- Working with Kathleen Courtney and Osceola and Blytheville school nurses regarding School Health grant

Karen Davis

- Tobacco Prevention Presentations presented to 5th grade classes at Hillcrest School. Presentations provided to 3 classes of approximately 70 students; Tobacco Prevention Presentations to grades 5th – 7th at Sloan Hendrix School – 5 presentations with a total of approximately 125 students
- Two Tobacco Prevention Presentations presented to 10th-12th grade classes at Walnut Ridge High School with approx. 70 students-Incorporated Tobacco Education in all of my Dental Health Presentations and FAS Presentations

- Fetal Alcohol Syndrome and Shaken Baby Syndrome presentation given to 10th-12th grade Parenting Classes at Greene County Tech with approximately 50 students. 2 presentations provided
- Texting and Driving Assembly/presentation given to 8th – 12th grade classes at Tuckerman High School - approx. 400 students
- STD/Teen Pregnancy Presentations given to 10th – 12th grade classes at Walnut Ridge High School
- STD/Teen Pregnancy Presentations given to 7th and 8th grade classes at Hillcrest Strawberry School
- Dental Health Presentations given to twelve- 3rd grade classes at Greene County Tech- approximately 270 students. Dental Health Presentations given to 3 KG, 1st and 4th grade classes at Hillcrest Lynn School

Jennifer Lynch

- Cross County High School FACS Classes: I provided Tobacco and Smokeless Tobacco Education. Educated on the health dangers of tobacco and smokeless tobacco, ways to prevent the use and ways to reach out for help. Education on Act 811 and a pre and posttest were performed on types of cancer that tobacco can cause, as well as other health disparities and how tobacco use will affect physical activity in their lives.
- Harrisburg Middle School Special Needs sixth through eighth grade classes-Provided Tobacco and Smokeless Tobacco presentations where we discussed the health dangers of tobacco and smokeless tobacco, ways to prevent the use and ways to reach out for help. I showed the students the DVD, "Just Say No", followed by discussion of the video. I provided an activity where students spun the Spin Smart Wheel on tobacco topics and the student answered the questions followed by discussion of the topic to the group. Education on Act 811 and pre and posttest were performed on types of cancer that tobacco can cause as well as other health disparities and how tobacco use will affect physical activity in their lives.
- Bosh Corporation in West Memphis: Kim McCray and I provided SOS Materials, Act 811 Materials and educated employees on the dangers of tobacco use, the health disparities involved, Fax Referral Forms and other ways to receive assistance in cessation of tobacco use.
- Laura Cook and I provided presentations on Nutrition, Tobacco, Injury Prevention Motor Vehicle Safety, and BMI screenings for Cross Ridge Community Hospital at the Cherry Valley Food Pantry. Education provided included Tobacco and Smokeless

Tobacco and the health disparities related to tobacco use. Provided BMI screening to participants and education on the My Plate theory of eating, making smart shopping choices, how to eat healthy when eating in restaurants and the importance of physical activity. Education on ACT 811 distracted driving, and the dangers of texting and driving.

- Presented to the Parents and Staff of the Eastern Arkansas HIPPY Program on Tobacco and Smokeless Tobacco. We discussed the health dangers and disparities of tobacco and smokeless tobacco, ways to prevent the use and ways to reach out for help. Education and information on Act 811 and pre and posttest were performed on types of cancer that tobacco can cause, as well as other health disparities and how tobacco use will affect physical activity in their lives. I provided information and presentation on Home Safety, provided information and examples of how chemicals and medications can look like food and drinks. I educated the participants about the importance of labeling and locking up chemicals and medications to avoid injuries. I discussed the services provided at the Local Health Units, WIC, Breastfeeding, Immunizations and Family Planning.
- Injury Prevention presentations on Shaken Baby Syndrome, Fetal Alcohol Syndrome and Drug Affected Baby using the Reality works Dolls to the FACS classes at Cross County High School. I divided the presentations in three parts, SBS, FAS and Drug Affected Baby. I started each subject with a pretest, short discussion, showed a video, I then demonstrated the dolls and allowed the students the opportunity to hold and participate with the dolls. After a follow up discussion, the students completed a post test. I used the following videos, "When Babies Cry" and "Periods of Purple Crying" for SBS, and "An Ounce of Prevention" for the FAS and Drug Addition. After doll presentations, I provided a presentation on STD's using the "Choosing the Best Life" segments. Students were given an opportunity for Q and A time following each segment of the above presentations.

Becky Lamb

- 2- Injury Prevention presentations at Augusta High School - Reality Works' Dolls were used to demonstrate how alcohol and drugs can affect a developing fetus and how shaking a baby damages the babies brain. Discussion of the Period of Purple Crying
- Attended the Lonoke County Emergency Preparedness Training
- Attended W.I.S.E Coalition Meeting in Searcy and attended Safety Baby Shower planning meeting for Woodruff County.

- Heart saver CPR/AED Training and 1 Heart saver First Aid training
- Hearing and Vision Training at Arch Ford Cooperative in Plumerville
- Two Scoliosis Training for school nurses at Conway HS- Total of 11 nurses
- Extended amount of time spent scheduling workshops and speakers for Wilbur D. Mills Educational Co-op. Workshops will include: Back to School Nurse Workshop, Injury prevention 101, CPR/AED, First Aid trainings for school staff, Dr. Burn's Healthy Skin and Healthy Lungs, Aleecia Starkey's "Side Effects! Medical Diagnoses that Impact Learning" and Wellness Training for School Wellness Committees

Cynthia Schaefering

- Partnered with James Tanner, Sharp County Tobacco Grantee Coordinator to have a booth set up at the Highland Girls Basketball game with multiple large tobacco models such as; Mr. Dip lip, Tarlboro cigarette, Chemical display cigarette and Secondhand Smoke display model. Students came to the table to check out the SOS promotional items and to look at the display models as we educated on each of them. A total of 54 students and staff signed the Tobacco Free pledge.
- The Tobacco Puppet show A Trip to Nicotine Land was presented to the students of the Cedar Ridge Elementary school, with the help of Heather Hoggard, Ind. Co. Tobacco Grantee Coordinator and Brittany Bennett CRSD Tobacco Grantee Coordinator. After the puppet show the students were informed of Act 811, shown the Mr. Dip Lip model and educated on the dangers of smokeless tobacco. Louise Lung was shown to the students to demonstrate how tobacco use affects the lung capacity. Students were provided with a pledge form, given a sticker and Act 811 activity coloring book along with the SOS crayons. This presentation was shown to a total of 80 students grades K-2 and 10 teachers.
- North Central Co-op: Provided the necessary training for the RNs to go back and teach the use of Glucagon to any school staff members who have volunteered to administer it in the absence of the school nurse. Provided the necessary training for the RNs to go back and teach the Paraprofessional training to their paraprofessional staff members
- ICC Elementary: The Farm to You presentation is in conjunction with the University of Arkansas and the IZARD County Extension Agent, Karla Emerson. Students were taken through a series of stations depicting the process by which food makes its way from the farm to you and all the way through our bodies. Students from K-6 were taken through the exhibit in small groups. Members of ICC FFA and Ozarka nursing students assisted with the stations.
- A total of six presentations were given at Cedar Ridge High school on Shaken Baby Syndrome. Students were given time prior to the presentation to complete a pretest. The video *When a Baby Cry's* was shown followed by a demonstration of the Reality

Works SBS baby doll. Students were given the opportunity to ask questions and shake the baby if they so desired. A posttest was given, which showed a marked improvement in their knowledge base of SBS. In addition there was discussion on the use of tobacco products along with drugs and alcohol during pregnancy and the damage and harm that it can cause to the infant, family and society as a whole. These presentations reached a total of 79 students and 6 staff members. Of the 79 students, 52 were males.

- STD/Teen Pregnancy prevention presentations were given to all the students currently attending the alternative school for Batesville school district. Information was provided on services available at the LHU, including HPV immunization, STD testing available and Family Planning services. Students were provided with time for a question and answer session after the presentation. Other topics covered were Hepatitis C, the use of drugs and alcohol during pregnancy, and smoking and pregnancy. They asked valid questions and were actively involved with the presentation. A total of 39 students were reached between the two presentations.
- Realty Works Shaken Baby Syndrome presentations presented to the Parenting and FACS classes at Melbourne High School. Students were given time prior to the presentation to complete a pretest. A posttest was given after students questions were answered, which showed a marked improvement in their knowledge base of SBS. In addition there was education on the use of tobacco products along with drugs and alcohol during pregnancy and the damage and harm that it can cause to the infant, family and society as a whole.